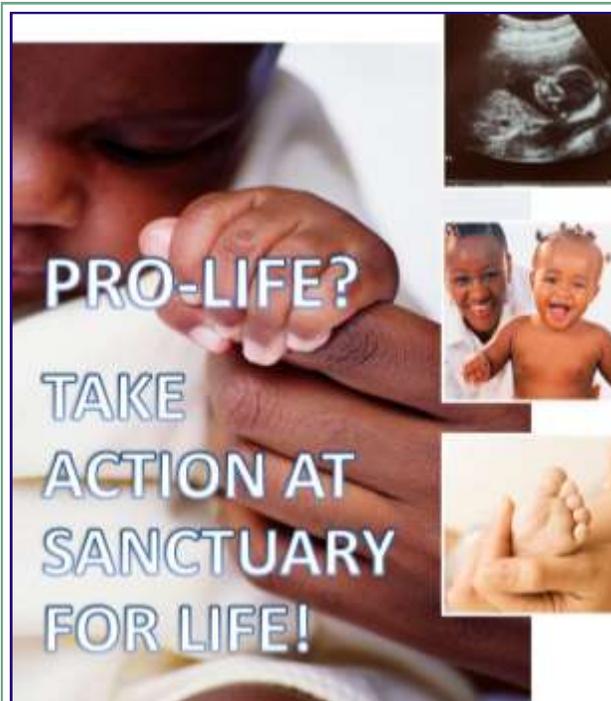


Catholic Charities Sanctuary for Life is just that ... a Sanctuary. Pregnant women in crisis live in community with a house mother, mentor each other, and receive medical care, nutritious meals and counseling. They leave the house employed and ready to care for their newborn babies. Live your pro-life beliefs and help. Here's how:

- Donate cash or items listed on the back of this card
- Help with property and lawn maintenance
- Prepare and serve a home cooked meal
- Teach a skill or interest to the residents
- Mentor a SFL resident during her pregnancy or after she becomes a mother
- Drive a SFL resident to school or doctor appointment
- Offer jobs to new mothers



225-336-8708 www.CatholicCharitiesBR.org

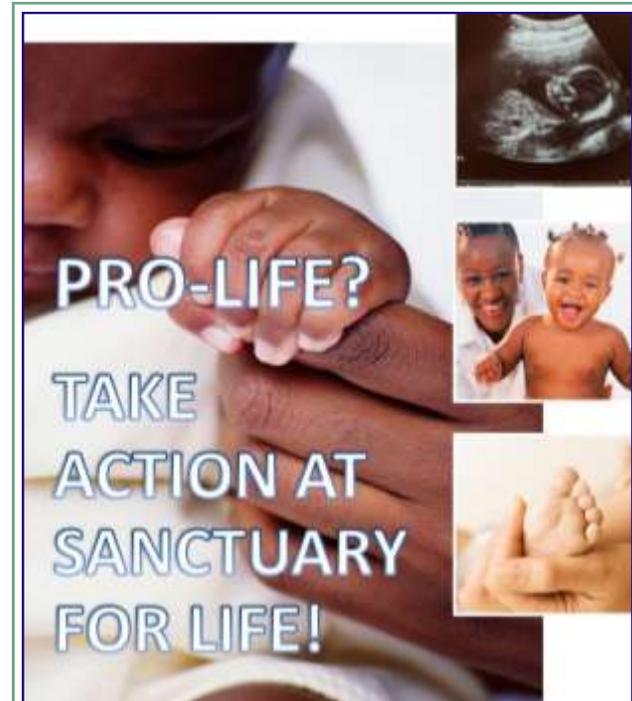


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Donation suggestions

For Sanctuary for Life residents & new moms:

- Personal hygiene items
- Maternity clothing and sleepwear, especially larger sizes
- New undergarments and socks
- Blow dryers and flat irons
- Umbrellas
- Bath towels and twin bed linens
- Laundry and cleaning supplies
- Cookware and dishes
- Irons and ironing boards
- Craft/hobby supplies, movie tickets & gift cards
- Furniture and household goods

For the babies:

- Baby wash and lotion
- Manicure sets and aspirators
- Balmex or A&D diaper cream
- Infant car seats
- Walkers, baby bouncers and swings
- Pack & plays
- Baby beds, sheets and mattresses
- Newborn caps, socks & mittens
- Baby bath towels
- Diapers in all sizes
- Clothes size newborn - 24 months
- Colorful baby toys



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